

PROGRAM NAME : THE HIGH PERFORMANCE TEAM

1.1. INTRODUCTION

They say that teamwork makes the dream work. However, merely working with one another is not enough to build great teams. Teamwork happens only when each individual in the team collaborates seamlessly, understands and communicates through conflict, and acknowledges a shared goal. That is where team-building initiatives help. They create a sense of oneness and psychological safety within the team.

The reason some teams are more successful than others comes down to how individual personalities combine to create a team dynamic. The manner in which they communicate, their energy levels outside of official meetings, and how work itself is done within a team—it's all important. Each team has unique characteristics, and it's crucial to understand them in order to build and execute effective team-building programs.

We have all had our experiences with fun activities at work. Some are engaging; others are boring or completely off the mark. However, the goal is always to bring a greater sense of teamwork and collaboration to the organization in a casual way. Team-building activities are often misunderstood as a waste of time and money, but if they are done right, these activities can promote a positive and productive work culture.

1.2. PROGRAM OBJECTIVE

This program is designed to create a high performance team using best teamwork and team build model approach. You will learn to...

- Align positive mind-set and sense of belongings towards a common objective and working together despite the differences of leadership styles, generations and **behavior** in a team for ultimate performances and result (**character building**);

- Work together and set up a culture of Love and Support within the TEAM and synergies the spirit as '*ONE*';
- Creation of a *Team in*

1.3. PROGRAM METHODOLOGY

This 1 day course involves a 20% mixture of short lectures and 80% interactive discussions, games and a number of exercises which the participants will work through individually/in groups to understand concepts and principles discussed in the program.

1.4. WHO SHOULD ATTEND

This course will benefit to all staff despite with backgrounds: non-executives, executives, managers, leaders and management team with an interest to create a highly teamwork and team build performance change.

1.5. PROGRAM OUTLINE & ITINERARY

Time	Module	Type
08.30 – 09.00 am	<i>Program Start - Participant Registration</i>	Indoor
09.00-10.00 am	<p>Session 1 : SYNERGISTIC EFFECT OF TEAMWORK <i>Learning Objective:</i> To Understand the journey thru clarity of team: vision, mission and its objectives. <i>Activity:</i> Ice Breaking – The Character Builders (Who Am i?)</p>	Indoor
10.00 – 10.15 am	<i>Short Break</i>	
10.15 – 11.30 am	<p>Session 2 : SYNERGISTIC EFFECT OF TEAMWORK <i>Learning Objective :</i> Collaborating team vision and mission with differences characteristic of one self strength and weaknesses through communication competent <i>Activity:</i> The Spirit of HAKA War Cry</p>	Outdoor
11.30 – 11.45 am	<i>Short Break</i>	
11.45 - 1.00 pm	<p>Session 3 : THE WINNING TEAM <i>Learning Objective :</i> Cultivating of 'Win-Win' Relationship in creating high sense of belongings thru different cultural and generations <i>Activity:</i> 1. Building Flag 2. The Great Platform</p>	Outdoor
01.00-02.00 pm	<i>Lunch Break</i>	
02.00-03.30 pm	<p>Session 4 : THE WINNING TEAM <i>Learning Objective:</i> Navigate team actions and synergy through obstacles and challenges and sustaining team positivity: Mental, Emotional, Spiritual and Physical. <i>Activity:</i> Rise the Flag</p>	Outdoor
03.30- 03.45 pm	<i>Short Break</i>	
03.45- 5.00 pm	<p>Session 5 : PIT STOP <i>Learning Objective :</i> Recognitions of self aspiration and team attributes with "I Love My Job" <i>Activity:</i> The Cue Cards Challenge</p>	Outdoor
5.00 – 5.30 pm	Closing Ceremony	Indoor
6.00 pm	Program Ended	